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Disability Income Benefits
Employee Statement Guide

Please follow the steps in this guide to apply for disability benefits.

Your group plan requires you to notify Canada Life of your disability within a certain time after you become disabled. This means you should notify Canada Life of your disability as soon as possible. To notify Canada Life of your disability, you can fax or mail your employee statement, consent form, and any other information you want to provide about your claim to the Canada Life Disability Services Office. Fax numbers and addresses of all Canada Life Disability Services Offices are on our website or you can contact your plan administrator for this information.

STEP ONE - EMPLOYEE STATEMENT AND CONSENT FORM

Complete the employee statement and consent form if you are applying for Short or Long Term Disability benefits, Life Waiver of Premium benefits, or Early Referral Services.

The completed employee statement provides us with general information about you and your medical details and provides Canada Life with notice of your disability claim.

A consent form is included with your employee statement. Your signature on the consent form is necessary as it gives us permission to obtain additional information from your employer, other insurers, your doctor, hospitals, or other care providers to help us review your claim.

We may share personal information, like your functional abilities, restrictions or limitations with your employer when discussing your return to work. We may share medical information, like your diagnosis, test results, or medical reports with your employer's Occupational Health Services if they are involved with your disability claim(s).

STEP TWO - MEDICAL INFORMATION

Your doctor will need to provide us with medical information about how your condition(s) prevents you from working. Print the medical questionnaire form applicable to your condition and have your doctor complete it. Your doctor can fax or mail the completed form to Canada Life directly.

You can choose the other conditions form if your condition is not a specific diagnosis listed or you can choose the "print all condition forms" if you are unsure which form to bring to your doctor.

EMPLOYER STATEMENT

Your employer will send an employer statement to Canada Life on your behalf. This statement confirms your coverage, job information, monthly earnings and other information necessary to assess and administer your disability claim.

If your plan administrator has not provided the employer statement when we receive your employee statement, we will contact your employer directly for this information.

OUR RESPONSIBILITY

We will begin our review of your disability claim when we receive your employee statement in the Disability Management Services Office. At that time, a Canada Life representative will contact you to let you know what you can expect throughout the claim process and to obtain any further information that may be required.

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Disability Income Benefits
Employee Statement

To begin the claim submission process, you must complete the Employee Statement and the consent form. Please have your doctor complete a physician's statement. These forms should be submitted within ten days of the onset of your disability or, if applying for Long Term Disability or a Life Waiver of Premium benefit, no later than eight weeks before the end of the waiting period. **Benefits may be denied if these forms are submitted later than the notice period in your group contract.**

NOTE: Canada Life takes the submission of fraudulent claims seriously and will verify the accuracy of the information given in support of your claim.

☐ **I certify that the information given on this claim form is true, correct, and complete to the best of my knowledge.**

Your Employer's Name: ______________________

Your Plan Number: ______________ Your Canada Life ID Number: ______________

YOUR INFORMATION

First Name: ______________ Middle Initial: ______ Last Name: ______________

Gender: ☐ Male ☐ Female ☐ Undisclosed ☐ Other

Date of Birth: ______________ Social Insurance Number: ______________

Your Social Insurance Number is required as your disability benefit may be subject to income tax deductions.

Home Address: ______________________

City / Town: ______________ Province / Territory: ______________ Postal Code: ______

Is your mailing address the same as above? ☐ Yes ☐ No If no, please provide mailing address.

Mailing Address: ______________________

City / Town: ______________ Province / Territory: ______________ Postal Code: ______

Location where you work: City / Town: ______________ Province / Territory: ______________

Home Phone: ______________ ☐ Confidential

Cell Phone: ______________ ☐ Confidential

Check the Confidential box if you authorize us to leave a message containing personal information about your claim at that number. Otherwise, we will only leave a personal message with callback information at that number.

Work Phone: ______________ Ext: ______ ☐ Confidential

Email Address: ______________________

Enter your email address if you would like Canada Life to communicate with you by secure email about your disability claim.

CLAIM INFORMATION

Your last day of work: ______________ (mm/dd/yy) Your first day unable to work: ______________ (mm/dd/yy)

During your absence, have you performed any other work? ☐ No ☐ Yes Describe:

Have you returned to work?

☐ Yes When did you return to work? ______________ (mm/dd/yy)

Have you returned to (select all that apply): ☐ Regular duties and hours ☐ Modified duties ☐ Modified hours

☐ No When do you expect to return to work: ______________ (mm/dd/yy) **OR** ☐ Unknown **OR** ☐ I'm not planning to return

What is the nature of the medical condition that is/was preventing you from working?

Is your condition work related? ☐ No ☐ Yes

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CLAIM INFORMATION (con't)

Is your condition the result of an accident? ☐ No ☐ Yes If yes, answer the following questions:

When did the accident occur? ______________ (mm/dd/yy)

Provide details of the accident ______________

Was the accident a motor vehicle accident? ☐ No ☐ Yes In what province did your accident occur? ______________

Were you admitted to a hospital? ☐ No ☐ Yes Hospital Name: ______________

Date admitted: ______________ (mm/dd/yy) Date discharged: ______________ (mm/dd/yy) **OR** ☐ Still hospitalized

Have you had surgery since being off work, or is surgery planned? ☐ No ☐ Yes

Date of surgery: ______________ Type of surgery: ______________

Is recovery from your surgery the only medical condition keeping you from working? ☐ No ☐ Yes ☐ Unknown

Please provide the following information of your health care provider related to this claim:

Primary Physician: ______________ Specialty: ______________

Address: ______________ Phone Number: ______________

Do you have other health care providers related to this claim? ☐ No ☐ Yes If yes, provide details.

Provider Name: ______________ Specialty: ______________

Address: Phone Number: ______________

Provider Name: ______________ Specialty: ______________

Address: ______________ Phone Number: ______________

INCOME DECLARATION AND REIMBURSEMENT AGREEMENT

I understand that:

- I am required to apply for disability benefits that I or another member of my family might become entitled to receive because of my disability, and that I may be asked by Canada Life to reapply or appeal decisions refusing my application(s) where considered appropriate.
- during the time it takes for my application for these other disability benefits to be accepted, or my entitlement to any other reportable income to be reviewed, Canada Life will continue paying me amounts equivalent to the disability benefit payments I am eligible to receive under the Group Plan, provided I continue to be eligible for these disability benefit payments under the Group Plan (the "Advance"). The terms "other disability benefits" and "other reportable income" refer to any of the types of disability benefits and other income mentioned under the Offset, All Source Maximum, Coordination of Benefits and Subrogation and Right of Recovery provisions under the Group Plan, as well as any other amounts, including damages for loss of income, that I may receive or become entitled to receive as a result of my disability.
- if I am entitled to receive disability benefits or any other reportable income, this may result in an overpayment ("Overpayment") that I will be required to pay back to Canada Life. I specifically give up my rights under any law that qualifies the Advance, the Overpayment, the other disability benefits, or any other reportable income, as property exempt from seizure.
- Canada Life may reduce my disability benefit payments by the amount of other disability benefits or other reportable income that I receive or become entitled to.

I agree to:

- notify Canada Life within 15 days of receipt of other disability benefit payments or any other reportable income.
- repay Canada Life within the time frame Canada Life advises me of after I am notified of the Overpayment amount or within a longer period if Canada agrees in writing. I understand that if the Overpayment is not repaid when due, Canada Life may take all necessary steps to recover the Overpayment, including withholding the payment of, or recovering the Overpayment from, any benefits payable under the Group Plan.

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FINANCIAL INFORMATION

Have you applied for, or are you receiving any income either as a result of your disability or otherwise (please check no or yes)?

- Canada Pension Plan/Quebec Pension Plan or Worker's Compensation Board Benefits (or similar benefits). ☐ No ☐ Yes
- Any other income? Examples: automobile accident benefits, employer sponsored STD or sick leave benefits, Employment Insurance benefits, retirement or pension plan income. ☐ No ☐ Yes.

  If you answered yes, attach a copy of the initial benefits statement for each type of other income.
- Self employment or other employment income. ☐ No ☐ Yes.

  If you answered yes, attach a copy of your pay/salary details.

All of the income described above is referred to as "reportable income".

If you have any of the following coverage with Canada Life or London Life, please select all that apply:

☐ Individual Disability Insurance Plan# ____________________

☐ Individual Life Insurance Plan# ____________________

☐ Creditor/Loan Insurance Plan# ____________________

☐ Critical Illness Insurance Plan# ____________________

☐ Guaranteed Standard Issue

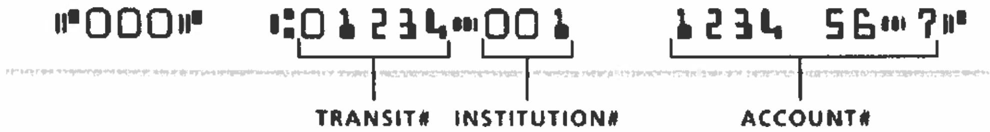
***Note:** If you have Guaranteed Standard Issue coverage with Canada Life this form will be used as notice of claim for that coverage as well.*

DIRECT DEPOSIT

! Provide your banking information or attach a void cheque where you want your disability benefits to be deposited to. If space is left blank, previously provided banking information for other benefits under this group plan (i.e. Healthcare or Dentalcare) will be used for any disability income benefits payable.

Name of bank/credit union: ____________________

Transit number: ☐☐☐☐☐ Institution number: ☐☐☐ Account number: ☐☐☐☐☐☐☐☐☐☐☐☐



DECLARATION

☐ I declare the information I've entered is accurate. I understand and agree to the terms in the Income Declaration and Reimbursement Agreement section. I also acknowledge that I need to print, sign, and submit my Consent Form to Canada Life.

Signature: ____________________ Today's date: ____________________

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Your consent

Before we can process your claim for benefits, you must read this agreement and sign in the *signature* box below.

Sharing your personal information

We collect, use and disclose your personal information to:

- investigate and assess your claim
- administer your claim and the group benefits plan
- work out a rehabilitation plan to get you back to work
- audit the assessment of the claim.
- manage internal data for analytics purposes

We may also use your social insurance number for income tax reporting and as an identification number if this is required in the administration of your benefits.

We may collect and exchange your personal information with these persons or groups when relevant and necessary for the purpose above:

- Healthcare and rehabilitation providers
- Insurance and reinsurance companies
- Administrators of the plan, of government benefits and of other benefit programs
- Your employer, plan sponsor and plan administrator, for the purpose of discussing return to work planning
- Your employer's occupational health services
- Your union representative
- Service providers and other organizations working with us, or on behalf of the other parties mentioned above. We may use service providers outside Canada.
- An auditor authorized by us, your employer, plan sponsor or their agent

Protecting your privacy

We take your privacy seriously. We keep all your personal information in a confidential file in our offices, or the offices of an organization we've authorized. The only persons with access to the information are:

- people working at Canada Life and those we've authorized, who need the information to do their jobs and manage your claim
- those whom you've given access
- those authorized by law both within Canada and in any other jurisdiction where your personal information is held.

For a copy of our Privacy Guidelines see **canadalife.com** or you can write to Canada Life's Chief Compliance Officer.

By signing below, you confirm that:

- You have read, understand and agree with the contents of this form and authorize us to collect and disclose your personal information.
- Except for audit purposes, your authorization is valid for the duration of your claim or until you cancel it in writing.
- All statements you have made about your claim are true and complete
- A photocopy or electronic copy of this authorization is as valid as the original.

Your group plan number	Print your name	Telephone number
Your Canada Life ID number	Email Address	*Enter your email address if you would like Canada Life to communicate with you by secure email about your Disability Services claim.*
Your signature X		Date (mm/dd/yyyy)

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Physician's initial statement

Disability claim

1. Patient information

1.1 Policy numbers: ______________________

1.2 Name of insured: ______________________

1.3 Date of birth (day/month/year): ______________________

1.4 Address (street number and name): ______________________

City: ______________________ Province: ____________ Postal code: ____________

1.5 Phone number: ______________________

2. Physical diagnosis

2.1 Primary diagnosis: ______________________

2.2 Secondary and complications: ______________________

2.3 Objective medical findings, including results of all diagnostic tests:

____

2.4 Physical impairment, select one:

- ☐ Class 1 no limitation, capable of strenuous physical activity
- ☐ Class 2 slight limitation, capable of moderate activity
- ☐ Class 3 moderate limitation, capable of light activity
- ☐ Class 4 marked limitation, capable of minimal activity
- ☐ Class 5 severe limitation, incapable of minimal activity

3. Psychiatric diagnosis (DSM 5)

3.1 Primary diagnosis: ______________________

3.2 Secondary and complications: ______________________

3.3 Severity of psychosocial stressors (0 – non-existent; 1 – mild; 3 – moderate; 5 – severe)

Select one: ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5

3.4 Factors that may have contributed to the onset of the clinical problems or may complicate their resolution:

- ☐ Workplace issues
- ☐ Personality or motivation
- ☐ Financial or legal problems
- ☐ Physical or medical conditions
- ☐ Coping skills
- ☐ Social or family issues
- ☐ Alcohol or drug abuse
- ☐ Other issues: ______________________

Evidence required

In order to consider this claim, please provide copies of all medical evidence regarding the investigation, diagnosis and treatment of this condition including test results, laboratory results, surgical reports and consultation reports.

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4. Symptoms

4.1 On what date did your patient first have symptoms? (day/month/year) ____________

4.2 From what date did the medical condition prevent the patient from working? (day/month/year) ____________

4.3 Has the patient ever had the same or similar condition?

☐ Yes, provide the date (day/month/year): ____________

☐ No

4.4 Did you recommend the patient to stop work?

☐ Yes, provide the date (day/month/year): ____________

☐ No

4.5 List the current symptoms and their degree of severity.

Symptom 1: ____________ ☐ Mild ☐ Moderate ☐ Severe

Symptom 2: ____________ ☐ Mild ☐ Moderate ☐ Severe

Symptom 3: ____________ ☐ Mild ☐ Moderate ☐ Severe

Symptom 4: ____________ ☐ Mild ☐ Moderate ☐ Severe

Symptom 5: ____________ ☐ Mild ☐ Moderate ☐ Severe

Symptom 6: ____________ ☐ Mild ☐ Moderate ☐ Severe

5. Treatment

5.1 Was the patient hospitalized? ☐ Yes, provide details below ☐ No

Name of institution: ____________

Admittance date (day/month/year): ____________ Discharge date (day/month/year): ____________

5.2 If surgery was or will be performed, provide the date (day/month/year) and description of surgery:

____

5.3 What is the nature of the current treatment (example: special programs, therapies, etc)?

5.4 Medication (attach a list of the medications if more than three):

Name: ____________ Date started (day/month/year): ____________ Frequency: ____________

Name: ____________ Date started (day/month/year): ____________ Frequency: ____________

Name: ____________ Date started (day/month/year): ____________ Frequency: ____________

5.5 Has a specialist referral been made? ☐ Yes, provide details below ☐ No

Name of physician: ____________ Specialty: ____________

Date of referral (day/month/year): ____________

Date of first visit (day/month/year): ____________

Name of physician: ____________ Specialty: ____________

Date of referral (day/month/year): ____________

Date of first visit (day/month/year): ____________

5.6 Indicate the response to the treatment program to date: ☐ Complete ☐ Partial ☐ None ☐ Too soon to tell

5.7 What is the prognosis for recovery: ______________________________

5.8 Is the patient following the recommended treatment program? ☐ Yes ☐ No

5.9 Are there any other changes in the patient's treatment plan being considered or underway? ☐ Yes ☐ No

Provide details: ______________________________

6. Return to work

6.1 Has a return to work plan been established?

☐ Yes, what is the expected return to work date (day/month/year): ____________________

Select one: ☐ Full time ☐ Part time ☐ Gradual

If a return to work is part-time or gradual, what is the recommended work schedule:

____

☐ No, when will the patient be assessed for a possible return to work (day/month/year): ____________________

7. Other

7.1 Are there other non-medical factors that may impact the patient's expected recovery period and return-to-work plan?

☐ Yes, provide details: ______________________________

☐ No

8. Physician information and signature

8.1 Name of physician: ______________________________

8.2 Specialty: ______________________________

8.3 Phone number: ____________________ Fax number: ____________________

8.4 Address (street number and name): ______________________________

City: ____________________ Province: __________ Postal code: __________

Date signed (day/month/year): ____________________

X ______________________________

Signature of **physician**

- The patient is responsible for any fees related to the completion of this form and any other medical information provided.
- Mail, email or fax to:
  The Canada Life Assurance Company
  Living Benefits Claims
  PO Box 6000, Winnipeg MB R3C 3A5
  Email: lbclaims@canadalife.com
  Fax: 1-204-946-4030